



| Unit       | Week No.    | Content                                 | Detail   | Activities / Graded Assignments   | Exam Content | Government Objectives   |
|------------|-------------|---|--|---|--------------|---|
| Warm-Up    | 1           | Orientation                             | N/A  | N/A   | N/A          | N/A   |
|            |             | Class Rules                             |  |   |              |   |
|            |             |   |  |   |              |   |
| Basketball | 2           | Basketball                              | Pitch basket, Ladder, Soccer ball, Catching, Throwing, Shooting, Passing | N/A   | N/A          | 1. Know the History of Basketball   |
|            |             | History of Basketball                   |  |   |              |   |
|            |             |   |  |   |              |   |
|            | 3<br>4 & 5  | Basketball                              | Basketball Stand, Ball Slap, Ball Toss, Wrap Around, Straddle Flip       | Practical Test on Ball Handling: 1.Staddle Flip<br>2. Wrap Around                               | N/A          | Strand 3: Standard H3.1<br><br>1. Can play Thailand international sports, one of each kind, by using techniques suitable to themselves and to the teams.<br><br>2. Apply principles, knowledge and kinaesthetic skills to physical activities, playing games and sport for health-strengthening on a continuous and systematic basis.<br><br>3. Do physical exercise and play sports regularly and proudly apply the concepts and principles gained from the playing for developing |
|            |             | Court Conditioning                      |  |   |              |   |
|            |             | Ball Handling                           |  |   |              |   |
|            | 6<br>7<br>8 | Basketball: Dribbling                   | Knee High Dribble, Waist Dribble, High Dribble, Crossover, V-Dribble     | Practical Test on Dribbling: 1. Right, Left and Shift Dribbling<br>2. Crossover and V-Dribbling | N/A          |   |
|            |             | In and Out Dribbling                    |  |   |              |   |
|            |             | Right and Left Hand Dribbling:          |  |   |              |   |
|            |             | Cross Over and V-Dribbling              |  |   |              |   |
|            | 9<br>10     | Basketball: Passing                     | Chest Pass, 2 Hand Chest Pass  | Practical Test on Passing: 1. Stationary Chest Pass<br>2. Lateral Chest Pass                    | N/A          |   |
|            |             | Chest Pass                              |  |   |              |   |
|            |             | 2 Hand Chest Pass ( Inside and Outside) |  |   |              |   |
|            | 11<br>12    | Basketball: Passing                     | Bounce Pass. 2 Hand Bounce Pass  | Practical Test on Passing: 1. Stationary Bounce Pass<br>2. Lateral Bounce Pass                  | N/A          |   |
|            |             | Bounce Pass                             |  |   |              |   |
|            |             | 2 Hand Bounce Pass (Inside and Outside) |  |   |              |   |



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| Basketball | 13<br>14<br>15         | Basketball: Shooting  | Shooting Form, Flick Wrist, Extend, Follow Through, Bend, 2 step Approach    | Practical Test on Shooting: Lay-up: 1 and 2 Dribble Lay-Up | N/A          |  |             |
|            |                        | Set Shoot             |  |  |              |  |             |
|            |                        | Lay-Up                |  |  |              |  |             |
|            |                        |                       |  |  |              |  |             |
|            | 16<br>17               | Basketball: Play      | Offense, Defence, Pick and Roll, Overload, Screen, Zone, 3-2 and 1-4 Defence | N/A  | N/A          | Strand 3: Standard H3:1<br>1. Distinguish offensive and defensive strategies for playing the sports chosen, and decide to choose methods suitable to the team for application in accord with the situations of play.   |             |
|            |                        | Offensive Play        |  |  |              |  |             |
|            |                        | Defensive Play        |  |  |              |  |             |
|            |                        |                       |  |  |              |  |             |
|            | 18<br>19               | Basketball: Mock Game | Point Guard, Shooting Guard, Small Forward, Power Forward, Center            | Practical Test: 3 on 3 Game                                | N/A          | Strand 3: Standard H3.1<br>1. Observe rules, regulations and agreements for playing the sports chosen, and apply the concepts gained for developing their quality of life in society.<br>2. Have good manners in playing and watching sports with sporting spirit. |             |
|            |                        | 3 on 3 Game           |  |  |              |  |             |
|            |                        |                       |  |  |              |  |             |
|            |                        | Basketball: Mock Game |  | Practical Test: 5 on 5 Game                                | N/A          |  |             |
|            |                        |                       |  |  |              |  | 5 on 5 Game |
|            |                        |                       |  |  |              |  |             |
| 20         |                        | End of Term Tests     | N/A  | N/A  | N/A          |  |             |
|            | Final Examination Week |                       |  |  |              |  |             |
|            |                        |                       |  |  |              |  |             |